

# WEEKLY NEWS

Friday 17th January 2026

Issue 437

## BIG ME DAY: INTRODUCING RUTH AMOS



On Wednesday we celebrate Big Me Day at Anson. This is the day when children come dressed up as their future career.

Please don't spend any money on expensive costumes. A chef can bring a wooden spoon, a writer can bring a pen, a vet can bring a cuddly animal.

As part of our day we are delighted to welcome Ruth Amos to Anson. Ruth is an award-winning British inventor, entrepreneur and former Young Inventor of the Year. Now, she can also add Patron of Innovation and Creativity at Anson to her CV. Over the next six-months the children from Reception to Year Six will be working alongside Ruth on an ambitious engineering project. We won't share all the details until after the launch event - but it will be a huge challenge. Ruth also runs Kids Invent Stuff (as seen on The One Show, BBC News Online and Tomorrow's World Live). This is available on the [YouTube Channel](#) where Primary aged children have the chance to get their invention ideas built by real engineers. The channel aims to give more primary school kids the chance to engage with real engineering projects and engage them in STEAM (Science, Technology, Engineering, Arts and Mathematics). Our work with Ruth follows similar lines. On Big Me Day 2026 we are looking to inspire every pupil to think creatively and dream big. It's going to be an amazing project where every member of staff and every child will need to collaborate to succeed.



## FRIENDS OF ANSON EXTRAORDINARY MEETING

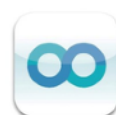


On Friday, 6th February we will be hosting an Extraordinary Meeting of Friends of Anson at 9am in the Dining Room.

The meeting has been triggered by the sad news that our Chair of Friends of Anson, Nandini, is leaving the school as her family relocates to pastures new. When I became Headteacher I wanted to create a parent and school partnership which pulled our community closer together, created memories and raised money for the school. Nandini was duly elected as Chair of Friends of Anson and has been a huge part of the development of our school. It has been a pleasure working alongside her and the rest of the team and it will be a big loss. I would like to thank Nandini for her time and commitment to our school. The meeting on the 6th will see us elect a new Chair for Friends of Anson. We will be posting more details on the role in the coming days.

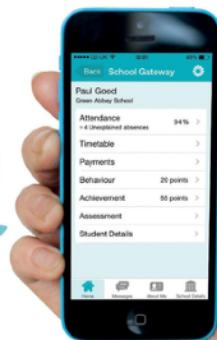
## Schoolgateway

Keeping you informed of what's going on at school.



Download the app

Android and iPhone



or visit the website:

[www.schoolgateway.com](http://www.schoolgateway.com)

Turn on notifications



## DATES

Tuesday 20th January

Anson hosts Norway  
30 educators visit Anson

Wednesday 21st January

Big Me Day 2026

Thursday 22nd January

Battersea Class Assembly  
9:10am

Monday 26th January

School Council Elections

Thursday 29th January

Victoria Class Assembly  
9:10am

# FESTIVAL OF FOOD: FRIDAY 13TH FEBRUARY



## SAVE THE DATE!

**Food is an important part of many cultures.**

Just think about the breaking of the fast, the festive feasts, the family dinners, summer picnics and birthdays!

To celebrate food, we will be hosting a **Festival of Food** this February.

Entry is **free** - all you need to do is to bring your favourite dish from your culture, religion or wish list. Then, share it with the community. All the food will be in the Dining Room and you can try as much or a little as you desire. We want to join the community together and simply chat over great food. So, save the date!

**MORE DETAILS COMING VERY SOON!**

## REGISTER: BRENT FAMILY WELL BEING CENTRES

Register to join the Family Wellbeing Centres 

The Brent Family Wellbeing Centres provide a range of community-led services that can support you from the moment you know you're expecting, through pregnancy and birth, until your child is 18 years old (or up to 25 for children and young people with special educational needs). The Centres, offer a wide range of free health, education and welfare services to families and aim to give everyone in Brent the best possible start in life. They are free to use by families that live in Brent. If you wish to use the services provided at any of the Centres, you will need to register your family's details, including all of the children you have. It's simple and easy to do and once you are registered, you can book and manage your sessions and activities in advance. Create an account by registering on the link above or by clicking [here](#).

### Spanish:

Puede traducir este boletín a 41 idiomas en la dirección a continuación

### Arabic:

يمكنك ترجمة هذه النشرة الإخبارية إلى 41 لغة على العنوان أدناه

### Polish:

Możesz przetłumaczyć ten biuletyn na 41 języków na poniższy adres

### Urdu:

آپ اس نیوز لیٹر کو نیچے دیئے گئے پتے پر 41 زبانوں میں ترجمہ کرسکتے ہیں

### French:

Vous pouvez traduire cette newsletter en 41 langues à l'adresse ci-dessous

### German:

Sie können diesen Newsletter unter der unten angegebenen Adresse in 41 Sprachen übersetzen

### Ukrainian:

Ви можете перекласти цю розсилку 41 мовою за адресою нижче.

<https://tinyurl.com/APStranlatenews>



## LOOKING AFTER OURSELVES

Parenting can be rewarding, but it can also be tiring and emotionally demanding.

At Anson, many families balance work, caring responsibilities and busy home lives and so looking after your own wellbeing is not a luxury - it is essential.

In the dark January months sometimes the smallest steps to look after yourself give light.

Try to build short moments of calm into your day, whether that's a walk, a cup of tea without distractions, or a few deep breaths. Stay connected by talking to friends, family or other parents; sharing worries often lightens the load and helps you realise other families have experienced the same issues.

Be kind to yourself and remember that perfection isn't the goal - doing your best is enough.

If you're feeling overwhelmed, Brent has local support services, community groups and charities offering advice and a listening ear.

Seeking help is a sign of strength, not failure. When parents look after themselves, they are better able to support their children too. Visit the Parent Page of the Anson website for services available to our families.